

The Speed Learning Method

The 10 principles that will increase the speed at which you learn 10 times

1. Focus on the challenge
2. Limit the challenge
3. Practice at your energy peaks
4. Practice in front of the TV
5. Practice what you want to learn
6. Decide everything in advance
7. Practice without your guitar
8. Create practicing rituals
9. Concentrate your practice time
10. Create a schedule of inspiration

The speed learning method is a project under thewizardofshred.com

www.speedlearningmethod.com

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